

The 11th Annual  
East Haddam Community Lions Club  
April Fools 5K & 10.5 Mile Race

Saturday, March 27, 2010 at 10:00 am – Registration Starts at 8:30 am

**Start/Finish:** Nathan Hale-Ray High School  
15 School Road, Moodus, CT 06469

**Amenities:** Computer Scoring  
Free post race refreshments  
Free T-Shirt for the first 100 registrants  
Scenic Route  
Mile Splits  
Water Stops

**Race Fees:** \$15 Pre-Registration, checks payable to EHCL  
\$20 On Day of Race  
Children's Fun Run – FREE (children 7 years and under)

**Awards:** Trophies awarded to Top 3 Runners (not walkers) in each category of each race  
Special prizes awarded to participants of Children's Fun Run

**Directions:** **From Route 9:** Take Route 9 North or South. Take Exit 7; at the end of exit (about 2 miles), take a left. At the first traffic light, take a right. Cross bridge into East Haddam; bear right following Route 82. Follow Route 82 approximately 1.4 miles to first stop sign. Take a left onto Route 151 North for 2.1 miles. Take the fourth right (School Road) to Nathan Hale-Ray High School.

**From Route 2:** Take Route 2 East or West. Take the Moodus-Westchester Exit 16. At the end of the exit ramp, turn onto Route 149 South. Continue on Route 149 for about 7 miles. You will come to Nathan Hale Shopping Center on your left; then, just after the Seven-Eleven Store and gas station, take a left on Route 151 South. Take the second road on the left (School Road) to the Nathan Hale-Ray High School.

**Information:** [www.easthaddamcommunitylions.com](http://www.easthaddamcommunitylions.com) or Maryjane Malavasi - (860) 873-0707 [mjmalavasi@hotmail.com](mailto:mjmalavasi@hotmail.com)  
Return forms and fee payable to EHCL to Maryjane Malavasi, 28 Alger Road, East Haddam, CT 06423

East Haddam Community Lions April Fools 5K & 10.5 Mile Race

**ONLY ONE ENTRY PER FORM – PLEASE MAKE COPIES**

Which race are you entering? ( ) 5K ( ) 10.5 mile (no walkers) ( ) Children's Fun Run

Name: \_\_\_\_\_ (Please Print Legibly) ( ) Male ( ) Female

Address: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Walker (5K only): \_\_\_\_\_

T-Shirt Size: *Only the first 100 paid registrants will receive a t-shirt* ( ) Small ( ) Medium ( ) Large ( ) X-Large

TROPHY DIVISION: Check one.

_____ 8-10 Years	_____ Sub master (30-39)
_____ 11-13 Years	_____ Master (40-49)
_____ 14-17 Years	_____ Grandmaster (50-59)
_____ Open (18 – 29)	_____ Veteran (60-69)
	_____ Grand Veteran (70 +)

**Waiver:** *In consideration of my being a participant in the 5k or 10.5 mile Road Race on March 27, 2010 in Moodus, CT, I, the undersigned, do hereby agree to all risk of harm, injury, or loss of whatever nature resulting at said event and release, discharge, and forevermore hold harmless contributors associated with this event, from any and all claims which might arise from my participation in said race or from traveling to or return there from.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

If under 18, Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_